

Assessment and Treatment of Complex Trauma and Dissociation in Children and Teens

JOYANNA SILBERG PhD

Glasgow, Scotland
16 & 17 May 2020



In this two-day workshop, Dr Silberg will cover the highlights of her EDUCATE model which takes young clients through a systematic sequence of steps that leads to healing from severe trauma and dissociation. Theoretical points will directly relate to interventions so that the participants can understand how theory directly leads to the choice of interventions.

The workshop will include active demonstrations of therapeutic techniques such as the “time machine method”, “thank you note” exercises, and creating “mixed feeling charts”. Special emphasis will be placed on how to assess progress and stuck moments in therapy and how to prioritize

interventions at any given time. When is a family session important? When is it important to find the traumatic source of a trigger? When is it appropriate to uncover hidden trauma? When working with traumatized youth it often feels like there is so much to be done, and difficult to know where the key points of intervention are. Dr Silberg will address how to assess the most important areas to address as treatment progresses.

There will be an opportunity for participants to present case material and utilize material presented in the workshop to problem solve new solutions.

About the Speaker



Joyanna Silberg, Ph.D. is a clinical child psychologist in private practice who is also the President of the [Leadership Council on Child Abuse & Interpersonal Violence](#). Her psychotherapy practice specializes in children and adolescents suffering from dissociative symptoms and disorders, and her forensic practice specializes in child sexual abuse.

She is past-president of the International Society for the Study of Trauma & Dissociation ([ISSTD](#)). She has presented nationally and internationally on child abuse, psychotherapy, dissociative disorders in children, and protecting abused children in family court. The second edition of her book [The Child Survivor: Healing Developmental Trauma and Dissociation](#), will be released by Routledge Press in 2020. Dr Silberg is the 2011 recipient of the William Friedrich Award for work on Child Sexual Abuse. 2013 recipient of the Champion for Children Award from the Domestic Violence and Legal Empowerment Appeals Project (DVLEAP), and the 2013 recipient of the Written Media Award for her book, *The Child Survivor*, awarded by the International Society for the Study of Trauma and Dissociation.

Members' early bird rate	£140
Members' full rate (after 01/04/2020)	£165
Non members' early bird rate	£165
Non members' full rate	£180

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